

咪做大嘍鬼
Don't be a Big Waster



食唔晒都唔好嘞

If you can't finish your food, don't waste it



食剩盤菜可帶走
Take leftovers home

妥善貯存最明智
Store food properly

菜頭菜尾新煮意
Adopt recipes that
use food trimmings